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| michele sweeney  Wixom, MI 48393 · 248.671.4939  michele@tranquilspacestherapy.com ·  <https://www.linkedin.com/in/michele-sweeney-ma-lpc-ncc-caadc-cctp-ccatp-8873ba98/?>·  MA, LPC, NCC, CAADC, CCTP, CCATP |
| Dynamic college graduate with a Master of Arts in Clinical Mental Health Counseling with High Honors. Team player with over 8 years of work experience within substance use disorders where co-occurring disorders exist. Experience within: Reducing stress, Self-esteem, Relationship issues, Family conflicts, Grief, Intimacy-related issues, Career difficulties, Bipolar disorder, Coping with life changes, Coaching, Compassion fatigue , Abandonment , Attachment Issues, Codependency, Commitment Issues, Control Issues, Drug and Alcohol Addiction, Family of Origin Issues, Family Problems, Forgiveness, Guilt and Shame, Mood Disorder, Multicultural Concerns, Panic Disorders, and Panic Attacks, Post-traumatic Stress , Women's Issues, and Workplace Issues. Frequently praised as hard-working by my colleagues and patients, I can be relied upon to help your company achieve its goals. Looking to expand my opportunities within a tele-health capacity. |

# Experience

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| **May 2022 – present**  **telehealth therapist, Great lakes psychology group**  Handle case load up to 50 clients.   * Engage within individual therapy, couples, and family therapy. * Document session notes and treatment goals. * Engage clients in live chats, phone sessions, or video sessions. * Follow up with clients, providing links to podcasts, Ted Talks, self-help worksheets, articles, and related books. * Engage in Client-Centered Therapy, Cognitive Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT), Existential Therapy, Emotionally Focused Therapy (EFT/EFCT) Mindfulness Therapy, Motivational Interviewing, Solution-Focused Therapy, Internal Family Systems. * Fax/send out letters or correspondence necessary for ensuring parole and probation expectations are being met and carried out, as well as being in contact with outside services as needed.   **february 2022 – December 2022**  **telehealth therapist, betterhelp**  Handle case load up to 25 clients.   * Engage within couples therapy and individual therapy. * Document session notes and treatment goals. * Engage clients in live chats, phone sessions, or video sessions. * Follow up with clients, providing links to podcasts, Ted Talks, self-help worksheets, articles, and related books. * Engage in Client-Centered Therapy, Cognitive Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT), Existential Therapy, Mindfulness Therapy, Motivational Interviewing, Solution-Focused Therapy, Internal Family Systems.   **march 2021 – May 2022**  **addiction recovery counselor, workit HEALTH.**  Handle case load up to 75 patients.   * Engage in clinical activities, observing/facilitating individual therapy. * Administer intake assessments, complete discharge summaries, and locate appropriate aftercare placement for patients. * Treatment planning and reviews, write case notes, attend community management team meetings. Attend clinical supervision sessions. Consult with patients, assist patients with phone calls or referrals. * Complete all required documentation in accordance with contractual requirements and accrediting agencies. * Provide crisis counseling as needed for patients. * Fax/send out letters or correspondence necessary for ensuring parole and probation expectations are being met and carried out, as well as being in contact with outside services.  december 2019 – october 2020outpatient therapist, Mat Clinic, meridian health services. Handle case load up to 55 patients.   * Engage in clinical activities, observing/facilitating individual and group therapy. * Administer intake assessments, request authorizations/re-authorizations for services, complete discharge summaries, and locate appropriate aftercare placement for patients. * Treatment planning and reviews, write case notes, attend community management team meetings. Attend clinical supervision sessions. Consult with patients, assist patients with phone calls or referrals. * Complete all required documentation in accordance with contractual requirements and accrediting agencies. * Provide crisis counseling as needed for patients. * Fax/send out letters or correspondence necessary for ensuring parole and probation expectations are being met and carried out, as well as being in contact with outside services.  March 2019 – november 2019primary counselor, biomed behavioral healthcare Handle case load up to 85 patients.   * Engage in clinical activities, observing/facilitating individual and group sessions. * Administer intake assessments, request authorizations/re-authorizations for services, complete discharge summaries, and locate appropriate aftercare placement for patients. * Treatment planning and reviews, write case notes, attend treatment team staff meetings. Consult with patients, assist patients with phone calls or referrals. * Provide crisis counseling as needed for patients. * Fax/send out letters or correspondence necessary for ensuring parole and probation expectations are being met and carried out, as well as being in contact with outside services. |
| january 2018 – january 2019counseling intern detox, residential & IOP therapistSUD/iop therapist, hegira health incorporated Handle a case load up to 18 clients.   * Engage in clinical activities on both detox, residential, and outpatient areas, observing/facilitating individual and group sessions. * Administer intake assessments, request authorizations/re-authorizations for services, complete discharge summaries, and locate appropriate aftercare placement for clients. * Treatment planning and reviews, write case notes, attend treatment team staff meetings. * Consult with clients, assist clients with phone calls or referrals. * Provide crisis counseling as needed for clients. * Fax/send out letters or correspondence necessary for ensuring parole and probation expectations are being met and carried out, as well as being in contact with outside services. |

# Education

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| december 2018ma clinical mental health counseling, south university GPA: 4.0, SUMMA CUM LAUDE, PI GAMMA MU  AREAS OF SPECIALIZATION: Counseling Theory, Professional Orientation & Ethics, Psychopathology, Counseling Techniques, Lifespan Development, Diagnostics of Psychopathology & Treatment, Lifestyle and Career Development, Psychopharmacology, Mental Health Appraisal and Treatment I, Clinical Mental Health Appraisal and Treatment II, Marriage & Family Counseling, Consultation, Management, Advocacy & Policy, Group Dynamics, Multicultural Foundations, Clinical Mental Health Counseling, Research & Statistical Evaluation, Clinical & Professional Development Seminars |
| December 2015BS Criminal Justice/Forensic Psychology, Purdue global university GPA: 3.96, MAGNA CUM LAUDE, Deans & Presidents Lists. Achievement Scholarship: All Terms from April of 2014 through December 2015.  AREAS OF SPECIALIZATION: Abnormal Psychology, Crisis Intervention, Crisis Negotiations, Psychology for Law Enforcement, Research Methods in Criminal Justice, Applied Criminal Justice Ethics. Criminology. |

# Skills

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| * ASAM Criteria Skill Building Training * Digital Medical Records Systems * Methasoft applications * Excellent Customer Service Skills~ 30 years * Management & Trainor experience | * CRCT, DWMIN, MHWIN, OCHN Working Experience * Power Point, Office 365, Website Design, WORD, EXCEL, ACCESS, SMART SHEET * Therapy Notes, Harbor, SOAP Notes |

# credentials & licensure

* **LPC, Licensed Professional Counselor, State of Michigan Permanent ID# 6401017073**

Expiration Date: 5/13/2026

* **NCC, Nationally Certified Counselor, NBCC, Certificate # 1724964**

**Expiration Date: 4/30/2028**

* **CAADC, Certified Advanced Alcohol & Drug Counselor, MCBAP, Certificate # C-05032**

Expiration Date: 10/1/2025

* **CCTP, Certified Clinical Trauma Professional**

Expiration Date: 5/7/2026

* **CCATP, Certified Clinical Anxiety Treatment Professional**

Expiration Date: 9/6/2024

* **NPI # 1609376938; Level 3 Area of Specialization**

Enumeration Date: 02/13/2018

* **CAQH Provider ID# 14622003**